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TOWN OF WAITSFIELD



November 28, 2009

**Founders**

Terry C. Howe  
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Sara C. Nevin

Ms. Valerie Capels  
Town Administrator

**Exec. Director**

Sara C. Nevin

Town of Waitsfield

**Volunteer Coord.**

Linda Pruitt

9 Bridge Street  
Waitsfield, VT 05673

**Board Members**

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Northfield, VT

Dear Ms. Capels:

Ana Capone  
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Barbara Pope  
Northfield, Vt.

Billie Porter  
Northfield, VT

**Advisors**

J. Paul Giuliani, Esq.  
Montpelier, VT

Carolyn Stevens,  
Northfield, VT

Dr. Craig Sullivan  
Northfield, VT

**Affiliations**

CLIF  
Nat. Fatherhood  
Matern/Child Cl.  
CV Early Childh.

We are sending our Letter of Request to be included on the Ballot for an amount of funding of \$300 for this year and to continue for this next year. Also included is wording to use in the Town Report.

"The Town of Waitsfield funding will afford us the opportunity to continue with our free home visits (for up to 3 months) to new parents of birth and adopted infants as we have done since 1991. Our 40+ volunteer mothers of all ages develop a rapport with the new mother to support in whatever ways are appropriate to see that she regains her health and reconnects with the community to avoid isolation. Through this rapport, the volunteer and mother determine what urgent needs a family might have and make an effort to address those needs.

Our unique Welcome bag highlights our longtime initiatives in: Early literacy, attachment-style parenting, and recognizing the importance of male mentorship.

In addition, we provide an array of infant carriers at cost or by donation. Research suggests that these items contribute to the growth of a securely attached child. Literature and evidence-based studies demonstrate a positive correlation between a secure child and their future sense of self esteem and self reliance. Furthermore, research finds that programs designed to offer support to new parents during this joyful but often stressful time, can decrease the incidence of maternal depression and infant failure to thrive.

We are grateful to voters for your support and encouragement."

The Board of Directors and Staff of Good Beginnings of Central Vermont

*Sara Nevin*

